

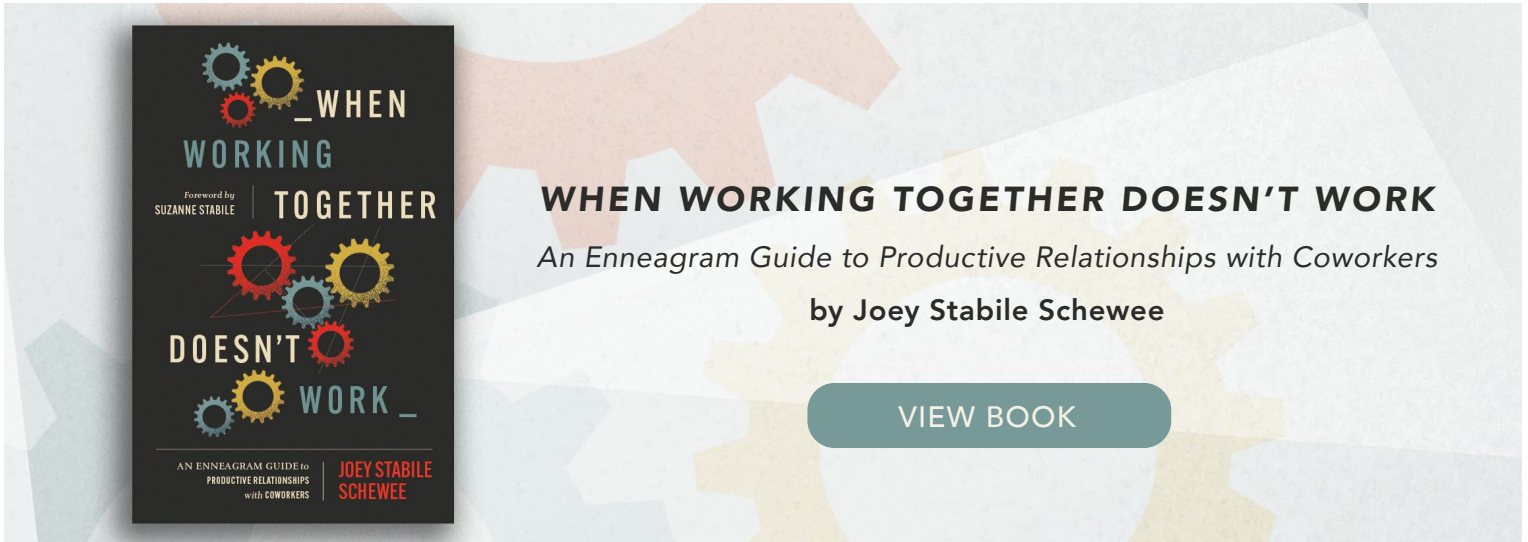
# PRESS KIT

*IVP ENNEAGRAM RESOURCES FOR PROFESSIONAL,  
PERSONAL, AND SPIRITUAL TRANSFORMATION*



Whether you're new to the Enneagram or you've been studying it for years, the following IVP books show how engaging the Enneagram from a Christian perspective can help you grow in self-awareness, develop thriving work and personal relationships, and cultivate a closer walk with God.

Read on to learn more about ways your readers or listening audience can engage with these authors around this insightful tool.



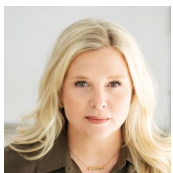
## THE ENNEAGRAM FOR WORK

While many personality typing systems focus on behavior, they often fail to address the core motivations behind it—something the Enneagram does exceptionally well. *When Working Together Doesn't Work* is designed to equip you, at any level of business, to improve workplace dynamics. Joey Schewee draws from her work with thousands of employees and hundreds of teams to explain

- how differing motivations or types can affect employee cohesiveness and productivity;
- how managers can engage individuals by type, so that employees feel understood and valued; and
- how to significantly reduce the perception of personal slights and pave the way for understanding, trust, and collaboration.

*“When Working Together Doesn't Work isn't just another personality book; it's a practical guide to understanding motivation, easing tension, and pursuing shared goals with integrity. Joey Schewee makes the Enneagram simple and actionable, offering insight you can apply right away. Whether you're leading a team, collaborating with coworkers, or navigating workplace challenges, this book equips you to communicate clearly, handle conflict wisely, and draw out the best in every type.”*

—**BRITTANY THOMAS**, founder of [enneagramexplained.com](http://enneagramexplained.com)



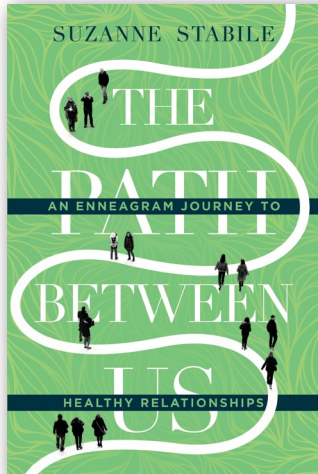
**JOEY STABILE SCHEWEE** works as a management consultant for business cultures and an executive coach for leaders. She has consulted for companies like Prudential, Chick-fil-A, Sargento, Reliant, and more. She and her husband, Billy, live in Texas with their two sons and enjoy contributing to meaningful conversation surrounding marriage and parenting through the Enneagram lens. Learn more about Schewee's company, Working Enneagram Solutions, at [WESolutions.life](http://WESolutions.life).



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## ENNEAGRAM FOR INTERPERSONAL RELATIONSHIPS AND A BALANCED LIFE



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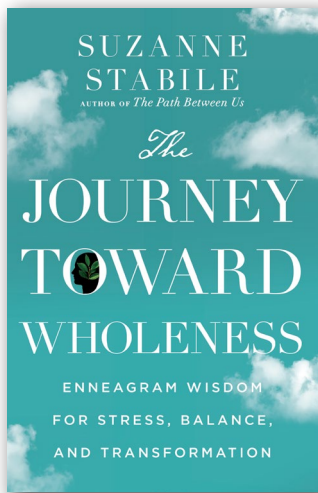
### **THE PATH BETWEEN US**

*An Enneagram Journey to Healthy Relationships*  
by **Suzanne Stabile**

This book explores questions like:

- Why do Sixes seem so intimidated and put off by Eights, who only wish the Sixes would stop mulling things over and take action?
- Why do Fives seem so unavailable, even to their closest family and friends, while Twos seem to feel everybody else's feelings but their own and end up irritating people who don't want their help?
- How in the world can Fours be so open and loving to you one day and restrained and distant other times?

The Enneagram not only answers these questions but gives a way out of the usual finger-pointing and judging of other people—and finding them wanting, perplexing, or impossible.



[VIEW BOOK](#)

### **THE JOURNEY TOWARD WHOLENESS**

*Enneagram Wisdom for Stress, Balance, and Transformation*  
by **Suzanne Stabile**

For those who want to dive deeper into Enneagram wisdom, expert teacher Suzanne Stabile opens the concept of three Centers of Intelligence: thinking, feeling, and doing. When we learn to manage these centers, each for its intended purpose, we open a path to reducing fear, improving relationships, growing spiritually, and finding wholeness.

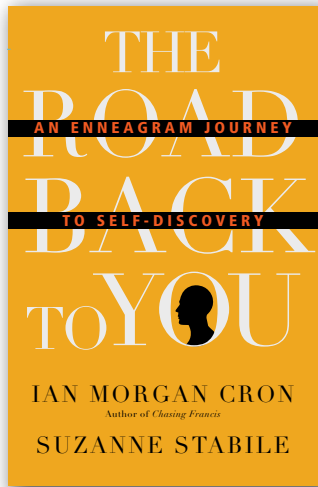


**SUZANNE STABILE** is a highly sought-after speaker, teacher, and internationally recognized Enneagram master teacher who has taught thousands of people over the last thirty years. She is the author of *The Path Between Us* and coauthor, with Ian Morgan Cron, of *The Road Back to You*. She is also the creator and host of *The Enneagram Journey* podcast.



[Request a review copy or interview.](#)

## THE ENNEAGRAM FOR SELF-DISCOVERY



### THE ROAD BACK TO YOU

*An Enneagram Journey to Self-Discovery*

by Ian Morgan Cron and Suzanne Stabile

This book offers:

- Introductions to each Enneagram type
- Questions to help you identify your number
- Changes you can make today to pursue deeper self-awareness
- Digestible windows into the other types, helping you see others with more compassion and empathy

[VIEW BOOK](#)

Listen to [Typology](#) with Ian Morgan Cron and [The Enneagram Journey](#) with Suzanne Stabile on your favorite podcast player.

*“What would you give to crack the biggest mystery in the world: Yourself? Why do we act, think, feel, and believe the way we do? I know of no better tool than the Enneagram. And I know of no better teachers of this tool than my friends Ian Cron and Suzanne Stabile. I use the Enneagram in my business and personal life every day. The Road Back to You will open your eyes to the depths of your heart.”*

—MICHAEL HYATT, coauthor of *Living Forward*



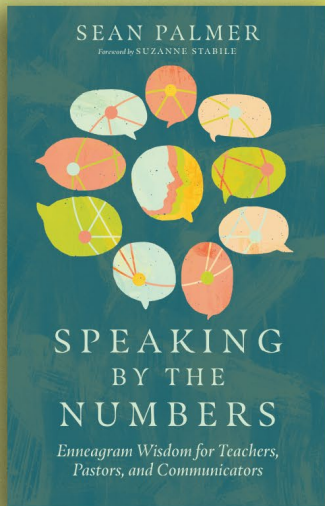
What is it like to be each of the Enneagram numbers? Written by diverse authors and edited by master teacher Suzanne Stabile, these nine [Enneagram Daily Reflections](#) give a glimpse inside the experiences of each type. Formatted as forty daily readings, each volume also includes opportunities for further engagement such as a journaling prompts, reflection questions, a written prayer, or a spiritual practice after each day's reflection.

Any of us can find aspects of ourselves in any of the numbers. The Enneagram is a profound tool for empathy, so whichever number you are, you will grow from your reading about each type and enhance your relationships across the Enneagram spectrum.



[Request a review copy or interview.](#)





## **SPEAKING BY THE NUMBERS**

*Enneagram Wisdom for Teachers, Pastors, and Communicators*

by Sean Palmer

[VIEW BOOK](#)

### **THE ENNEAGRAM FOR EFFECTIVE COMMUNICATION**

This book offers a strategy that combines communication principles with Enneagram wisdom to help leaders, pastors, and teachers understand how to convey content in ways that both inspire and connect with their audiences. Using the Enneagram wisdom of triads and stances, communicators can learn insight into the ways that various Enneagram numbers receive and process information. Sean Palmer draws from his extensive experience as a public speaker to develop communication strategies that lead to connection, transformation, and mobilization of audiences. Providing real examples of speeches and messages he has given, Palmer shows how he uses the Enneagram to craft a message that connects with his audience.

“Well-aware of the pitfalls and promise of the Enneagram, Palmer artfully distills and demonstrates insights into speaking to three different kinds of listeners who see the world in three distinct ways. Whether you’re speaking at a board meeting or preaching to thousands, this book will make you better at understanding how others think, feel, and function, which will, in the end, not only make you a better communicator but also a better human.”

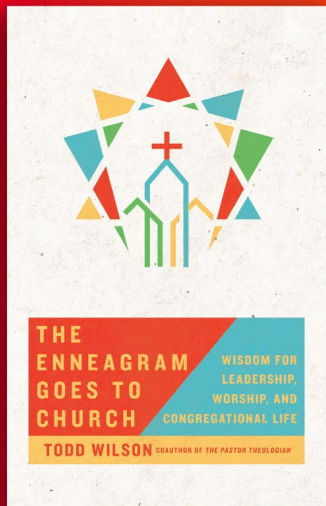
—**GLENN PACKIAM**, author of *Worship and the World to Come*



**SEAN PALMER** is the teaching pastor at Ecclesia Houston, a speaker, and an executive coach. He is the author of *Forty Days on Being a Three*, *Unarmed Empire*, and a contributing writer to *The Voice Bible*.



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## THE ENNEAGRAM GOES TO CHURCH

*Wisdom for Leadership, Worship, and Congregational Life*

by Todd Wilson

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### THE ENNEAGRAM FOR THE CHURCH

***“If I had known the Enneagram earlier in my ministry, I would have been a much better pastor.”***

When this thought came to Todd Wilson, he had already served as a pastor in several churches for the better part of fifteen years and was successfully leading a large, historic, and diverse congregation. Todd realized that what he lacked was wisdom about how people work. He says, “When it came to empathetically shepherding people and sensitively engaging their manifold personalities and diverse ways of seeing the world, I was an amateur.”

Whether you are on a church staff or leading a small group, you will find that the insights from the Enneagram that have helped many grow in self-awareness can be applied to life in our faith communities. The Enneagram can help us to become better teachers. It can influence how we develop worship and Christian education. And it can guide us in building and leading teams.

“Todd Wilson provides a winsome and engaging exploration of how church leaders and church members can use the Enneagram to foster spiritual growth. Todd writes from his robust pastoral experience and is able to help Christians understand how the mysteries and wisdom of the Enneagram align beautifully with a sincere Christian faith.”

—**HUNTER MOBLEY**, Enneagram teacher and author of *Forty Days on Being a Two*

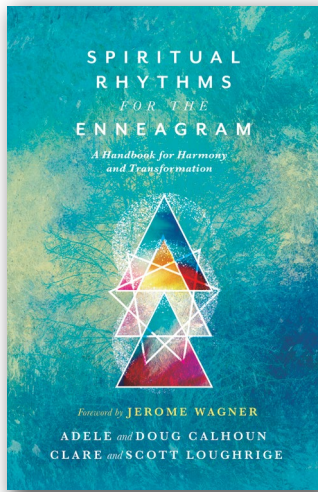


**TODD WILSON** is the president and cofounder of the Center for Pastor Theologians and the former senior pastor of Calvary Memorial Church. He holds a PhD from University of Cambridge and is the author of *Mere Sexuality* and *Real Christian*, as well as coauthor of *The Pastor Theologian*.



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## THE ENNEAGRAM FOR SPIRITUAL FORMATION



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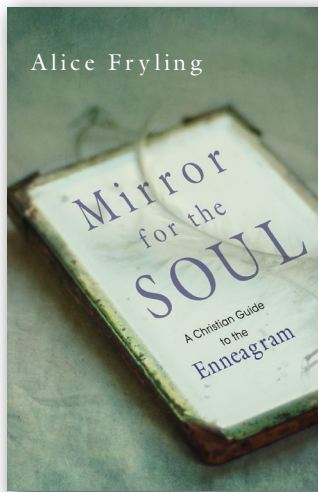
### **SPIRITUAL RHYTHMS FOR THE ENNEAGRAM**

*A Handbook for Harmony and Transformation*

by [Adele Ahlberg Calhoun](#), [Doug Calhoun](#),  
[Clare Loughrige](#), and [Scott Loughrige](#)

The Enneagram opens a remarkable window into the truth about us, enabling us to see how image, wounds, lies, triggers, and default responses shape us every bit as much as our faith. But simply diagnosing our number doesn't do justice to who we are. Nor does it necessarily change us or our relationships. Transformation happens as we grow in awareness and learn how to engage and reflect God's image. And relational repair then results as we apply Enneagram insights to the rhythms and grooves of our ordinary daily lives.

For those who have learned about the Enneagram and wonder "What's next?"—this handbook is the answer. Filled with exercises to engage, challenge, encourage, and sustain, *Spiritual Rhythms for the Enneagram* will help us grow in greater awareness and lead us to spiritual and relational transformation.



[VIEW BOOK](#)

### **MIRROR FOR THE SOUL**

*A Christian Guide to the Enneagram*

by [Alice Fryling](#)

In this helpful guide, spiritual director and Enneagram teacher [Alice Fryling](#) offers an introduction to each number of the Enneagram and their respective triads. More than just helping us discern our number, this book relates the Enneagram to our spiritual journey as a way to identify our gifts as well as our blind spots.

With Scripture meditations and questions for reflection and discussion, *Mirror for the Soul* offers a new perspective on our unique temperament so that we might know and extend God's grace more fully.



[Request a review copy or interview.](#)

