

Mark Scandrette
Author of *Practicing the Way of Jesus*

The Ninefold Path of Jesus

Hidden
Wisdom of the
Beatitudes

Q & A



The Ninefold Path of Jesus *Hidden Wisdom of the Beatitudes*

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It's often assumed that the good life is only for the most privileged, the rich and powerful, and the most charmed and beautiful. The poor, the grieving, and the meek and oppressed are left out. But the ninefold path that can be found in the Beatitudes is for everyone. Whatever your story, whatever your struggle, wherever you find yourself, this way is available to you.

Nine New Postures for Life

Why did you decide to write *The Ninefold Path of Jesus*?

Mark Scandrette: I think the Beatitudes offer a compelling vision of the revolutionary new way of life that Jesus lived and taught. We live in a politically divided time when there is great confusion about what it means to be a Christian. Jesus invites us into a new consciousness that can change each of us—and our world. I want to see people inspired by the Sermon on the Mount and equipped with tools and practices that will help them experience the fullness of life they were created for.

Describe what the ninefold path of Jesus is.

Mark: In the book I describe nine first instincts and nine new postures for life that the Beatitudes (and the Sermon on the Mount) invite us into. The book includes descriptions and illustrations of these postures.

Who did you have in mind as you wrote this book?

Mark:

- Emerging adults and others who are “done” with church as usual but are searching and curious about the way of life Jesus invites us into
- Faith leaders who are hungry for a practical and tangible way of describing how to experience a kingdom way of life
- People in search of a more humane, honest, and embodied spiritual path who want to find connections between Christian spirituality, psychology, neural science, and justice concerns
- New Christians who are looking for practical resources for growth
- Faith leaders who want to invite their communities into the path of the Beatitudes
- Individuals who want to develop a way of life inspired by the Beatitudes
- Seekers and skeptics who are looking for a less parochial way of connecting to the Jesus phenomenon

What do you hope readers take away from *The Ninefold Path of Jesus*?

Mark:

- There is a new way to be human—we can grow and change.
- Jesus shows and teaches us steps into a new kingdom consciousness.
- To change, we need to be honest about the points of ache and struggle in our lives and in our world.
- We can take on practices that will help us live in kingdom reality.
- This is a lifelong journey of self-awareness and new postures of thinking and action.



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BIO



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“Mark Scandrette is better than most in helping us move our faith from a thought to a lifestyle.”

—Nancy Ortberg, author of *Looking for God: An Unexpected Journey Through Tattoos, Tofu, and Pronouns*

Mark Scandrette, Author, Teacher, Activist

Mark Scandrette is an author, teacher, activist, and networker among innovative Christian leaders. As the founding director of ReIMAGINE, a center for integral Christian practice based in San Francisco, he leads an annual series of retreats, learning labs, conversations, and projects designed to help participants integrate the teachings of Christ into every aspect of life through shared practices and community experiments.

Mark is the author of *FREE: Spending Your Time and Money on What Matters Most*, *Practicing the Way of Jesus*, and *Soul Graffiti*. A sought-after voice for creative, radical, and embodied Christian practice, Mark speaks nationally and internationally at universities, conferences, and churches, and offers training and coaching to leaders and organizations. He assisted in the development of *CONSP!RE Magazine* and has contributed to publications like *Leadership Journal* and *Conversations Journal* and books such as *An Emergent Manifesto of Hope*, *Community of Kindness*, and *The Relevant Church*.

Mark currently serves as an adjunct faculty member at Fuller Seminary, and his work has been profiled in books that include *The Shaping of Things to Come* by Alan Hirsch and Michael Frost, *Emerging Churches* by Eddie Gibbs and Ryan Bolger, *I.AM.RELEVANT* by RELEVANT Media Group, and *The New Conspirators* by Tom Sine.

Mark and his wife, Lisa, and their three children live in the Mission District of San Francisco. He enjoys running, biking, cooking, dumpster diving, home coffee roasting, long city walks, going on dates with Lisa, and watching TV and films with their kids.

Visit Mark’s website and read his blog at markscandrette.com.

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