

Strengthening the Soul of Your Leadership: Seeking God in the Crucible of Ministry
Expanded Edition

Available April 3, 2018
\$22, 240 pages, hardcover
978-0-8308-4645-0

"We don't have to choose to be either exhausted activists or isolated contemplatives, and Strengthening the Soul of Your Leadership offers both biblical vision and time-tested rhythms to help us become contemplatives in action. Leadership does not require losing our souls. Thank God! This book will help you live into this good news."

— Aaron Niequist, author of
The Eternal Current

IVP Releases Expanded Version of *Strengthening the Soul of Your Leadership*

Ruth Haley Barton invites us to an honest exploration of what happens when spiritual leaders lose track of their souls. Each chapter includes a spiritual practice to ensure your soul gets the nourishment it needs. Forging and maintaining a life-giving connection with God is the best choice you can make for yourself and for those you lead.

This expanded edition includes a flexible six- or twelve-week guided experience for groups and the popular "How Is It with Your Soul?" assessment for leaders. Barton writes, "These questions and categories are not meant to produce guilt, shame, or a sense of failure. Rather, they are intended to help you be honest with yourself and with God about the state of your soul. This kind of truth seeing and truth telling is a first step toward ensuring that you *find your soul* rather than lose your soul in the context of kingdom ministry."

Sample assessment questions include

I am tired — not just physically but spiritually and emotionally. I don't really know how to get rested.

ALWAYS OFTEN SOMETIMES RARELY NEVER

I am aware of an underlying irritability and restlessness just beneath the surface of my life.

ALWAYS OFTEN SOMETIMES RARELY NEVER

I do not have time for attending to my human needs — exercise, eating right, getting enough sleep, doctor's appointments and medical procedures, picking up dry cleaning, getting the car washed, making home repairs, etc.

ALWAYS OFTEN SOMETIMES RARELY NEVER

I find myself hoarding energy — avoiding people in the grocery store, holing up at home or in my office — for fear that routine social interactions will rob me of that last bit of energy.

ALWAYS OFTEN SOMETIMES RARELY NEVER

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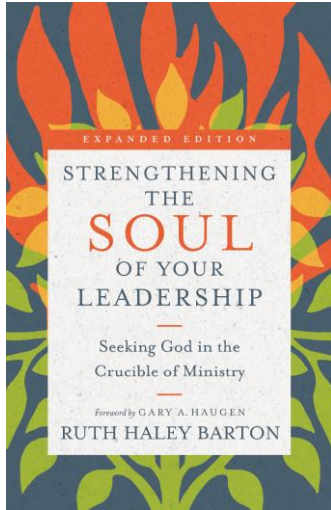


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The Transforming Resources Set

\$219, 11 volumes

978-0-8308-3589-8

The Transforming Resources

Whether you are a pastor, business leader, elder, deacon, Sunday school teacher, board member, or a leader in your home, the best thing you bring to leadership is your own transforming self! Transforming Resources provide guidance and direction for your spiritual journey and equip and empower you to lead others in their journey as God leads. Beyond mere information, each book, article, and curriculum is designed to provide step-by-step guidance for engaging the practices, experiences, and relationships that foster greater intimacy with God and deeper levels of spiritual transformation.

Titles in this set include

- *The Deeper Journey: The Spirituality of Discovering Your True Self* by M. Robert Mulholland Jr.;
- *Invitation to a Journey: A Road Map for Spiritual Formation* by M. Robert Mulholland Jr.;
- *Invitation to Retreat: The Gift and Necessity of Time Away With God* by Ruth Haley Barton (September 2018);
- *Invitation to Solitude and Silence: Experiencing God's Transforming Presence* by Ruth Haley Barton;
- *Invitations from God: Accepting God's Offer to Rest, Weep, Forgive, Wait, Remember and More* by Adele Ahlberg Calhoun;
- *Life Together in Christ: Experiencing Transformation in Community* by Ruth Haley Barton;
- *Longing for More: A Woman's Path to Transformation in Christ* by Ruth Haley Barton;
- *Pursuing God's Will Together: A Discernment Practice for Leadership Groups* by Ruth Haley Barton;
- *Sacred Rhythms: Arranging Our Lives for Spiritual Transformation* by Ruth Haley Barton; and
- *Spiritual Disciplines Handbook: Practices That Transform Us* by Adele Ahlberg Calhoun.

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Ruth Haley Barton, Author of *Strengthening the Soul of Your Leadership*

Ruth Haley Barton (Doctor of Divinity, Northern Seminary) is founding president and CEO of the Transforming Center, a ministry dedicated to strengthening the souls of pastors and Christian leaders, and the congregations and organizations they serve. For over twenty years, she has ministered to the soul care needs of pastors and leaders based upon her conviction that the best thing we bring to leadership is our own transforming selves.

Trained at the Shalem Institute for Spiritual Formation and the Institute for Pastoral Studies Loyola University Chicago, Ruth is a seasoned retreat leader and spiritual director. A sought-after speaker and preacher, she has served on the pastoral staff of several churches and teaches frequently at seminaries and graduate schools.

Ruth is the author of numerous books and resources on the spiritual life, including *Invitation to Solitude and Silence*, *Sacred Rhythms*, *Longing for More*, *Pursuing God's Will Together*, and *Life Together in Christ*. She continues to share her thoughts and perspectives on soulful leadership through an online resource called *eReflections* as well as a podcast entitled *Strengthening the Soul of Your Leadership*.

Follow the Transforming Center on Twitter at @TransformingCtr.

Also visit transformingcenter.org

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"Ruth Haley Barton has dedicated her life to distilling the wisdom to be found within these spiritual disciplines that position us to be strengthened and renewed at the level of our souls. Her guidance has been indispensable in the body of Christ at large, but also in particular to my colleagues and me at IJM."

—From the foreword by

Gary Haugen, president of

International Justice Mission, and
author of *Good News About Injustice*

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