

1 PERFECTIONIST

9 PEACEMAKER

5 INVESTIGATOR

Ian Morgan Cron,  
author of *Jesus, My Father, the CIA, and Me*,  
and Suzanne Stabile,  
master Enneagram teacher, ask:

4 ROMANTIC

3 PERFORMER

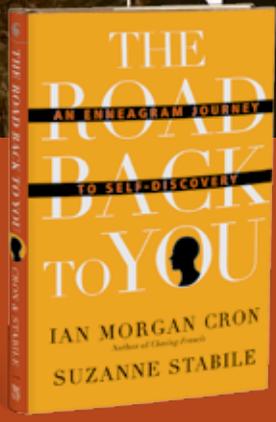
2 HELPER

7 ENTHUSIAST

6 LOYALIST

# WHAT'S YOUR NUMBER?

8 CHALLENGER



*“If a modicum of self-awareness is needed to navigate life these days, let this book be your map.”*

NADIA BOLZ-WEBER

PRESS KIT

7

ENTHUSIAST

5

4

ROMANTIC

2

HELPER

8

CHALLENGER

# “Witty, energetic voice.”

PUBLISHERS WEEKLY

(starred review)

“With *The Road Back to You*, the small number of books I recommend to absolutely everyone has increased by one. You couldn’t ask for a better introduction to the Enneagram than what’s found in this book and you couldn’t ask for better guides than Cron and Stabile. If a modicum of self-awareness is needed to navigate life these days, let this book be your map.”

NADIA BOLZ-WEBER

“I’m so thrilled that this book exists. The Enneagram has absolutely changed my understanding of how to love the people in my life, deepened the quality of my marriage, and given me a vision for the person God designed me to be. This book makes the Enneagram easy to understand, with helpful stories, humor, warmth, and clear language.”

SHAUNA NIEQUIST

“Armed with delightful but incisive wit, Cron and Stabile help us explore our inner life by making the mystery of the Enneagram accessible. If you want to better understand yourself and those in the world around you, this insightful and brilliant book is a perfect place to begin.”

WM. PAUL YOUNG

“We’ve long needed a fresh, spiritually grounded approach to helping people grow in self-knowledge and compassion. This is a winsome and thoughtful primer!”

MARK BATTERSON

“As a newbie to the Enneagram, *The Road Back to You* offered a delightful and accessible way to honestly examine my own motivations and consider the best path toward growth and flourishing. This book is a must-read for those who seek to not only understand themselves better, but those closest to them, as well.”

JENA LEE NARDELLA

“Why do we act, think, feel, and believe the way we do? I know of no better tool than the Enneagram. And I know of no better teachers of this tool than my friends Ian Cron and Suzanne Stabile. . . . *The Road Back to You* will open your eyes to the depths of your heart.”

MICHAEL HYATT

“There is a special place in my heart for books that help me be a better me. In this book, Ian Morgan Cron and Suzanne Stabile have delivered on their promise to provide a roadmap to self. *The Road Back to You* will help you find you—all over again and for the first time.”

CLAIRE DIAZ-ORTIZ

## TALKING POINTS

- How have we as a society lost the desire and ability to be self aware?
- Why is it that American presidents tend to be Nines—peacemakers?
- What’s the makeup of American voters on the Enneagram scale?
- Which Enneagram types are most compatible?

INVESTIGATOR

6

LOYALIST

9

PEACEMAKER

1

PERFECTIONIST

3

PERFORMER

## A LOOK INSIDE

One Saturday morning, my cell phone rang at 7:00 a.m. Only one person in the world dares call me at that hour.

“Is this my youngest son, Ian?” my mother said, pretending to be unsure she’d called the right number.

“Yes, it’s me,” I said, playing along.

“What are you working on?” she asked.

At that moment I wasn’t working on anything. I was standing in the kitchen in my boxers wondering why my Nespresso was making end-of-life noises and imagining all the sad ways an early morning conversation with my mother could end if my coffeemaker broke and I was deprived of my day’s first cup.

“I’m thinking about writing a primer on the Enneagram,” I said, gratefully watching a black stream of coffee love fill my mug.

“The sonogram?” she shot back.

“No, I said the—”

“The anagram?” she said, firing a second round before I could stop her.

“Enneagram. *Enneagram!*” I repeated.

“What’s the any-a-gram?” she said.

My mother is eighty-two years old. For sixty-seven of those years she has smoked Pall Malls, successfully avoided exercise and eaten bacon with impunity. She has never needed glasses or a hearing aid and is so spry and mentally acute you’d think nicotine and inactivity were the keys to a long and happy life. She’d heard what I said the first time.

I smiled and continued with one of my Enneagram elevator speeches. “The Enneagram is an ancient personality typing system. It helps people understand who they are and what makes them tick,” I said.

There was a long, utterly airless silence on the other end of the phone. I felt like I had been suddenly flung wildly into a black hole in a far-off galaxy.

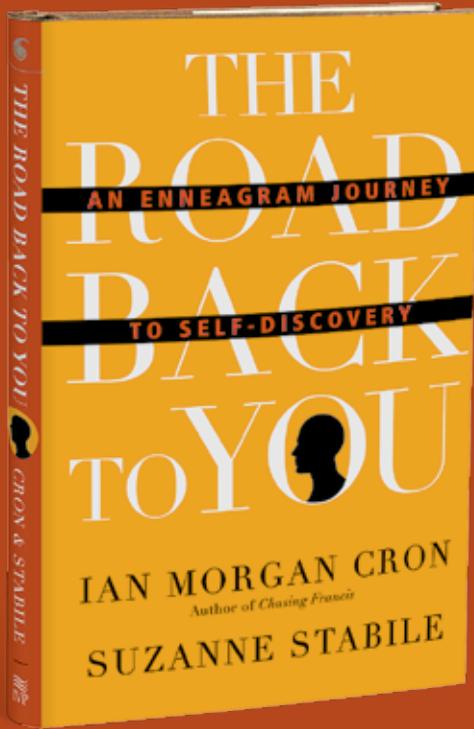
“Forget the angiogram. Write a book about going to heaven and coming back,” she said. “Those authors make money.”

I winced. “They also have to die first.”

“Details,” she purred, and we laughed.

*From chapter one, “A Curious Theory of Unknown Origin”*

- How much does our upbringing affect our Enneagram?
- How does the Enneagram stack up against other personality typing systems?
- How can the Enneagram save your marriage? Change the way you parent? Make managing volunteers easier? Save companies? Help people overcome addictions or PTSD?



## WHAT IS THE ENNEAGRAM?

The Enneagram is an ancient personality type system with an uncanny accuracy in describing how human beings are wired, both positively and negatively. Witty and filled with stories, *The Road Back to You* allows you to peek inside each of the nine Enneagram types. Not only will you learn more about yourself, but you will also start to see the world through other people's eyes, understanding how and why people think, feel, and act the way they do.

**IAN MORGAN CRON** is a bestselling author, speaker, Enneagram teacher, counselor, Dove Award-winning songwriter, and Episcopal priest. His books include the novel *Chasing Francis* and spiritual memoir *Jesus, My Father, the CIA, and Me*. Ian draws on an array of disciplines—from psychology to the arts to Christian spirituality and theology—to help people enter more deeply into conversation with God and the mystery of their own lives.

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**SUZANNE STABILE** is a highly sought-after speaker, teacher, and internationally recognized Enneagram master. Sharing the wisdom of the Enneagram through witty, engaging stories and heartfelt compassion for humanity, Suzanne has conducted more than five hundred Enneagram workshops at renowned universities, churches, and organizations. Along with her husband, Rev. Joseph Stabile, she is cofounder of Life in the Trinity Ministry. They have many audio resources available, including *The Enneagram Journey* curriculum.

WEBSITE: [lifeinthetrinityministry.com](http://lifeinthetrinityministry.com)

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Want to hear how Ian and Suzanne (and special guests) view life through the lens of the Enneagram?

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