Fil Anderson is executive director of Journey Resources, based in Greensboro, North Carolina. He was trained through the Shalem Institute for Spiritual Formation and is a frequent speaker at conferences, offers individual spiritual direction, and directs retreats and workshops around the country.

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“I’ve discovered the implausible promise that God has broken into our brokenness to find us, yet there is no guarantee that God will paste our messy, fractured life back together the way we want him to. To the contrary, brokenness is the key that unlocks the life we long for.”

—Fil Anderson, Breaking the Rules

Breaking the Rules: Trading Performance for Intimacy with God, 220 pages, hardcover, 978-0-8308-3537-9, $22

March 2010