



Child of Divorce, Child of God: A Journey of Hope and Healing

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Adult Children of Divorce Experience Their Own Kind of Suffering

“Three-year-old Krissy stands at the window, her mom by her side. Outside, Krissy’s dad drives away in his car while Krissy and Mom wave goodbye. It sounds like a common enough memory—and it would be, except that it is the only memory Krissy will ever have of her mom and dad together.”

So begins Kristine Steakley’s new book, *Child of Divorce, Child of God*. Now in her thirties, Kristine recalls the pain of her parents’ divorce and the subsequent abandonment by her father. Her generation is the first to reach adulthood since divorce became the norm in the 1970s. However, the kids that everyone thought adjusted so well to this new reality continue to grapple with the after-effects of their parents’ break-up, even decades later. Not the least of these struggles is the feeling that God is absent, a view often unfortunately reinforced by the church. By relating her experiences, as well as weaving in Scripture references and biblical narrative, Kristine brings a needed message of hope to adult children of divorced parents.

In her book, Kristine addresses:

- How children of divorce in their 20s and 30s “have their own brand of suffering,” and how they can overcome the pain.
- How the church has neglected children of divorce, from youth through adulthood, and what can be done to minister to them.
- Positive aspects of being a child of divorce, and why this may make someone a better spouse, parent and church worker.
- How to knock down barriers to faith caused by parents’ divorce.
- *A Note to Parents* who are either contemplating or have already gone through a divorce.

Child of Divorce, Child of God is a first-hand experience written from a Christian perspective. By looking at God’s character and his description as heavenly father, Kristine is able to help readers work past the lingering pain and begin healing. This book will help anyone whose parents have divorced, as well as anyone who works with children of divorce. Divorced parents will find this to be a useful resource for understanding their children’s experience. This is a book the church needs to read.

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