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Counseling Text for Treating Children and Adolescents

Caring for the mental health of children and their families is complex and challenging—and meaningful. For Christian clinicians who work with childhood disorders, however, few resources exist to address such treatment from a research-based Christian integration perspective.

Treatment of Childhood Disorders fills this gap by combining biblical and theological understanding with current psychological literature on empirically supported treatments for children. Sarah E. Hall and Kelly S. Flanagan present an integrated approach based in developmental psychopathology, which offers a dynamic, multifaceted framework from which to understand the processes that affect children’s development.

In this unique textbook, Hall and Flanagan consider a variety of disorders commonly diagnosed in children and adolescents, including anxiety, depression, ADHD, and autism spectrum disorder. After discussing prevalence, risk and causal factors, patterns throughout development, and assessment, they focus on evidence-based practices that have been found to be effective in treating the disorders. Each chapter also features ideas for Christian integration in treatment and an extended case study that brings the content to life.

“Children are not merely smaller versions of adults; their functioning and development are qualitatively different, as is the development and expression of psychopathology. . . . Therefore, in this volume we set out to fill what we see as a significant gap in the literature by integrating scientific child clinical research with a Christian perspective. . . . We hope and pray that the ideas we cover in this volume will be both empowering and challenging to current and future Christian clinicians who work with youth and families.”

FROM THE INTRODUCTION

SARAH E. HALL (PhD, Pennsylvania State University) is associate professor of psychology, counseling, and family therapy at Wheaton College. With Kelly S. Flanagan she is the coeditor of *Christianity and Developmental Psychopathology*.

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