A Practical Guide for Clinical Assessment

Assessment in counseling—like its biblical counterpart, discernment—is an ongoing and dynamic routine to encourage movement in a productive direction toward what is truly best. In *Assessment for Counseling in Christian Perspective*, Stephen P. Greggo equips counselors to put assessment techniques into practical use, particularly with clients who are looking to grow in their identity with Jesus Christ.

As a Christian perspective on assessment, this book is designed to supplement standard resources and help counselors navigate challenges at the intersection of psychotherapy and Christian ministry. Greggo charts a course for care that brings best practices of the profession together with practices of Christian discipleship. Key topics include:

- Does a Christian worldview offer distinguishing parameters for assessment practice?
- Can clinical proficiency in assessment bring glory to God?
- How can the crucial psychometric construct of validity be translated into our Christian faith?
- In what ways can the inclusion of objective procedures be transformed into a message of hospitality and affirmation?
- How can counselors maximize the benefits of a therapeutic alliance to attend to immediate concerns and foster spiritual formation?
- How can formal personality measures add depth and substance to the counseling experience?
- How can assessment contribute to client retention, treatment completion, and aftercare planning?

With *Assessment for Counseling in Christian Perspective*, clinical and pastoral counselors can bring the best of assessment into counseling that reflects the essence of the Christian faith.

**Part 1: Reason for Assessment**
- Assessment to Navigate Change
- Defining the Assessment Task
- Assessment Basics for Christians Who Counsel

**Part 2: Background Information**
- Forming a Theological Foundation
- Multiculturalism and Assessment Standards
- Cultural Identity and Habits for Holistic Assessment
- The Case for Redemptive Validity

**Part 3: Assessment Selection and Administration**
- Artisanship in Conducting Interviews
- Connecting in Initial Consultations

**Part 4: Results and Interpretation**
- Gauging Religious Affections
- Calibrating the Contours of Personality
- Graduation and Recommendations

**Appendix 1:** Clinical Assessment Instrument Christian Evaluation Form (CAICEF)
**Appendix 2:** START Initial Consultation Report
**Appendix 3:** Counseling Partnership Alliance Check (CPAC)

**Acknowledgments**

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