



# PRESS KIT

## SUMMER READING

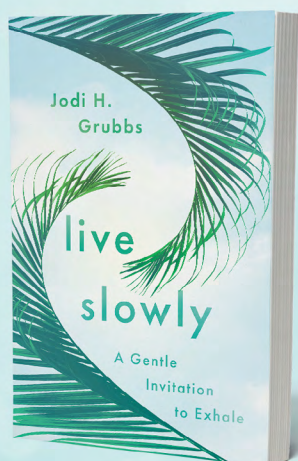


“Hurry is the great enemy of the spiritual life in our day. You must ruthlessly eliminate hurry from your life. . . . There is nothing else.”

—DALLAS WILLARD

The IVP publicity team has handpicked the following titles for summer reading, books that help you slow down and reset. . . books to read for summer renewal.

For more resources to help renew and reset, browse our [Formatio titles](#) and listen to [The Digital Examen](#), a podcast about living at the pace of peace.



## GIVE YOURSELF PERMISSION TO SLOW DOWN

*View [Live Slowly: A Gentle Invitation to Exhale](#)*

“If you need a slow-living guide—a guide out of the crush of noise and the exhausting speed of life—Jodi Grubbs is a gentle sage who has faced suffering and heartbreak. She shows us the road less traveled—into a far more meaningful life.”

—ANN VOSKAMP

author of *One Thousand Gifts* and *The Broken Way*



**Jodi H. Grubbs** is the podcast host of *Our Island in the City* and a slow-living advocate. She is the author of a children’s book, *The Island Adventures of Lili and Oliver*, and coauthor of a Bible study called *The Friendship Café*.

After leaving her childhood home on the island of Bonaire in the Caribbean, Jodi Grubbs had assumed the rapid pace and stress of city living in the States. Soon she realized God was bidding her to a return to the “island time” of her past. Evoking the gentle rhythms of Bonaire in the Caribbean, Jodi invites you to a life anchored by the forced pauses of spiritual practices and an openhandedness before God.

Visit her website at [JodiGrubbs.com](https://JodiGrubbs.com)  
Follow her on Instagram: [@Jodi.Grubbs](https://@Jodi.Grubbs)



[Request a review copy or interview.](#)





## SLOW DOWN TO DISCOVER JOY

*View [Longing for Joy: An Invitation into the Goodness and Beauty of Life](#)*

Alastair Sterne says that our inner longings for joy actually point us to a God of joy who gives us both the capacity for joy and the realities of joyful experience. Sterne explores pathways to joy and why we often experience the absence of joy. He then offers theologically grounded and research-based practices for becoming people of joyful presence.

“Alastair writes with the familiar tone of a friend who eagerly invites us to discover what he already has: joy is different from and so much better than anything we thought it to be. Through masterful storytelling, sage-like insights, and a genuine humility, Alastair has reintroduced me to joy and the face of a happy God who laughs. I am so grateful for that.

We need this book and its inspiring manifesto, perhaps now more than ever.”

—**JOSHUA LUKE SMITH**

poet and author of *Something You Once Knew: Waking Up to the Extraordinary in Your Ordinary Life*



[Alastair Sterne](#) (DIS, Fuller Theological Seminary) is a creative director turned pastor. He partnered with Redeemer City to City and founded St. Peter's Fireside, a creative liturgical church in Vancouver. He is the author of [Rhythms for Life: Spiritual Practices for Who God Made You to Be](#). Alastair and his wife, Julia, write and podcast together at [ordinarymatters.org](#) and collect joy with their daughters in Victoria, British Columbia.



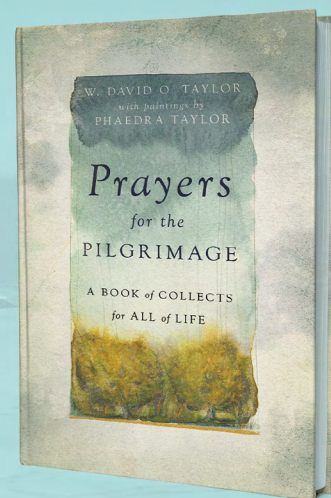
[Request a review copy or interview.](#)



[ivpress.com/media](#)

# SLOW DOWN TO PRAY

[View Prayers for the Pilgrimage: A Book of Collects for All of Life](#)



During the pandemic, priest and theologian David Taylor began writing collects (an ancient form of short prayer) as a daily spiritual exercise. It was a way for him to offer back to God his own fears and anxieties. As time went on, he began to receive requests for written prayers from friends and even strangers for a wide variety of circumstances and needs. His collection of prayers grew until it numbered in the hundreds.

*Prayers for the Pilgrimage* is a compilation of Taylor's prayers, arranged by topic and accompanied by a series of paintings by his wife, Phaedra. Here are prayers for morning and evening, work and play, public life and private life, doubt and faith—from Advent to Lent, from birth to death.

"Sometimes we have all the words to pray. Sometimes we don't have any. This book is a perfect companion for the seasons when we could use some help with what we really want to say."

—SCOTT ERICKSON

author of *Honest Advent* and *Say Yes*



**W. DAVID O. TAYLOR** (ThD, Duke Divinity School) is Associate Professor of Theology and Culture at Fuller Theological Seminary and the author of several books, including *A Body of Praise, Open and Unafraid*, and *Glimpses of the New Creation*; he is also the editor of *For the Beauty of the Church* as well as co-editor of *Contemporary Art and the Church* and of *The Art of New Creation*. He has written for the *Washington Post*, *Image Journal*, *Religion News Service*, and *Christianity Today*, among others. He serves on the advisory board for Duke Initiatives in Theology and the Arts as well as IVP Academic's series *Studies in Theology and the Arts*. An Anglican priest, he has lectured widely on the arts, from Thailand to South Africa. In 2016 he produced a short film on the psalms with Bono and Eugene Peterson.

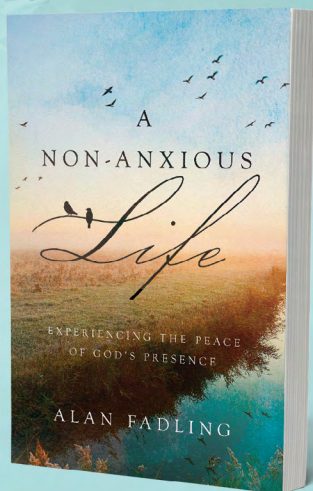
Visit Taylor's website at [WDavidOTaylor.com](http://WDavidOTaylor.com)  
Follow Taylor on X: [@wdavidotaylor](https://twitter.com/wdavidotaylor)  
Follow Taylor on Instagram: [@davidtaylor\\_theologian](https://www.instagram.com/davidtaylor_theologian)



[Request a review copy or interview.](#)



[ivpress.com/media](http://ivpress.com/media)



SLOW DOWN TO **RELAX** AND  
**EXPERIENCE GOD'S PRESENCE**

[View A Non-Anxious Life: Experiencing the  
Peace of God's Presence](#)

“Fadling traces in this stirring outing his search for peace through faith. . . . While Fadling’s observations are thought-provoking and eloquently conveyed, readers will find most comfort in his promise that anxiety can coexist with faith and his admission that he too is a work in progress. . . . Stressed-out believers will find succor.”

—**PUBLISHERS WEEKLY**

October 2023



**Alan Fadling** is president and founder of [Unhurried Living, Inc.](#) in Mission Viejo, California. He speaks and

consults internationally with organizations such as Saddleback Church, InterVarsity Christian Fellowship, Cru, Halftime Institute, Apprentice Institute, and Open Doors International. He is the award-winning author of [An Unhurried Leader](#) and [An Unhurried Life](#), and coauthor (with Gem Fadling) of [What Does Your Soul Love?](#)

Anxiety leads us to succumb to fear and fight peace. Anxious living is a distortion of good motives, blocking the clarity of stillness and rest.

Alan Fadling has also felt mastered by worry, but he brings counsel on how to learn a better way and who to look to for it: Jesus, “the ultimate non-anxious presence.” He constructs a posture from which we can rest more deeply, live more fully, and lead better.



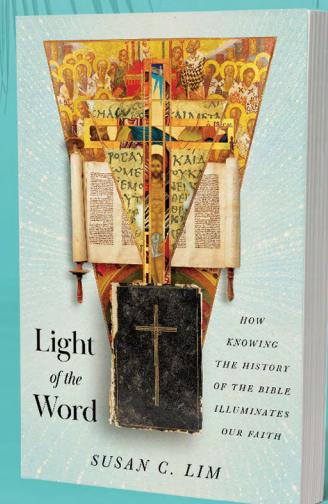
[Request a review copy or interview.](#)



[ivpress.com/media](http://ivpress.com/media)

## SLOW DOWN TO SAVOR SCRIPTURE

*View [Light of the Word: How Knowing the History of the Bible Illuminates Our Faith](#)*



Historian Susan Lim unpacks how the history of the Bible bolsters our faith and anchors us through the changing tides of time. The story of Scripture, while messy and complicated at times, is also the story of how God shepherded his people throughout the centuries in and through these writings. Lim explains how Christians came to accept certain documents as inspired and not others, and how the books we now call the Bible came to be assembled and canonized as authoritative.

*“Light of the Word is a wonderful introduction to the Bible. Along with addressing some of the big questions about how the Bible was put together and reasons we have to believe it is true, Susan Lim shares her personal story of leaving Buddhism and becoming a Christian.*

*She also recounts how—years later—she came to embrace the Bible as God’s Word.*

*This is a fascinating book that will help readers better engage the Bible.”*

—SEAN McDOWELL

associate professor of apologetics at Biola University and coauthor of  
*Evidence That Demands a Verdict*



**Susan C. Lim** (PhD, UCLA) is a historian and writer. She has been a professor of history at Biola University in La Mirada, California, and is a speaker at conferences, churches, and retreats. She loves to share God’s Word and serve at her home church, Mariners Church in Irvine, California.



[Request a review copy or interview.](#)



[ivpress.com/media](https://ivpress.com/media)



SLOW DOWN TO  
**ENJOY NATURE**

[View \*God, Right Here: Meeting God in the Changing Seasons\*](#)



[View IVP Kids  
Books](#)

*God, right here.  
God, right there.  
God's handiwork is everywhere.*

Written by Kara Lawler and beautifully illustrated by Jennie Poh, this celebration of God's creation and the changing seasons can be enjoyed by children and the adults who read with them.

"A beautiful reminder for kids—and adults!—that God can be found all around us, every day, in nature and in the simple joys of life. Taking kids through all the four seasons and the unique beauty they each bring, Kara Lawler reminds us that God is always close by, and beautiful changes are just on the horizon. *God, Right Here* is a sweet reminder to kids and their parents to slow down, notice God's goodness, and take time to celebrate his beautiful creation each and every day."

**—KATIE SCHNACK**

author of *Everything Is (Not) Fine: Finding Strength  
When Life Gets Annoyingly Difficult*

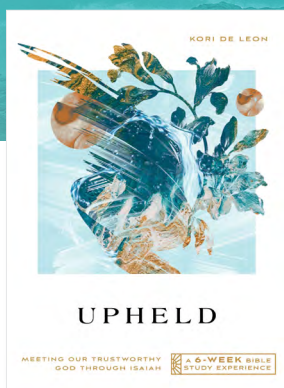


[Request a review copy or interview.](#)



# SLOW DOWN TO STRENGTHEN YOUR FAITH

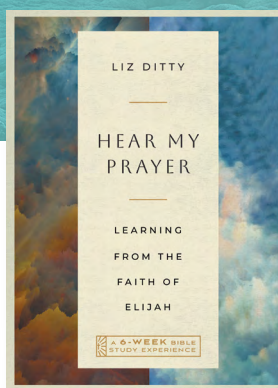
[View IVP Bible Studies](#)



[\*Upheld: Meeting Our Trustworthy God Through Isaiah—A 6-Week Bible Study Experience\*](#)  
by Kori de Leon



[\*Moms at the Well: Meeting God Through the Mothers of Scripture—A 7-Week Bible Study Experience\*](#)  
by Tara Edelschick and  
Kathy Tuan-MacLean



[\*Hear My Prayer: Learning from the Faith of Elijah—A 6-Week Bible Study Experience\*](#)  
by Liz Ditty



[\*Live in the Light of Christ: Radiating the Hope of the Letters of John—A 6-Week Bible Study Experience\*](#)  
by Tara Beth Leach

These IVP Bible Studies are authored by a cast of wise Bible teachers and pastors. Each study includes six to eight weeks of content, and each week begins with a group session: a teaching video and discussion questions designed to take about sixty minutes. The group session is followed by five days of individual study, each designed to take about twenty to thirty minutes. The content for individuals includes both traditional Bible study as well as a variety of opportunities for reflection and prayer.

Whether you're seeking to deepen your understanding of Scripture, strengthen your faith, or foster meaningful discussions within your community, IVP's new Bible Studies imprint provides the perfect resource.

**Browse all of IVP's Bible studies at [ivpress.com](http://ivpress.com).**



[Request a review copy or interview.](#)

