

Scripture for Divine Deliverance

By Rebecca Merrill Groothuis

The entrance of your words gives light. (Psalm 119:130)

Your Word is a lamp unto my feet and a light unto my path. (Psalm 119:105)

Jesus said, “If you hold to my teaching, you are really my disciples. Then you will know the truth, and the truth will set you free.” (John 8:31b-32)

Bless the Lord, O my soul, and all that is within me, bless his holy name. Bless the Lord, O my soul, and do not forget all his benefits—who forgives all your sins and heals all your diseases, who redeems your life from the pit and crowns you with love and compassion, who satisfies your desires with good things so that your youth is renewed like the eagle’s. (Psalm 103:1-5)

Ah Lord God! It is you who made the heavens and the earth by your great power and by your outstretched arm! Nothing is too hard for you. (Jeremiah 32:17)

My grace is sufficient for you, for my power is made perfect in weakness. (2 Corinthians 12:9a)

For when I am weak, then I am strong. (2 Corinthians 12:10b)

Be strong in the Lord and in the power of his might. (Ephesians 6:10)

I can do everything through him who gives me strength. (Philippians 4:13)

The name of the Lord is a strong tower; the righteous run into it and are safe. (Proverbs 18:10)

Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light. (Matthew 11:28-31)

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. (John 14:27)

God did not give us a spirit of fear, but a spirit of power, of love, and of a sound mind. (2 Timothy 1:7)

There is no fear in love. But perfect love drives out fear, because fear has to do with punishment. The one who fears is not made perfect in love. We love because he first loved us. (1 John 4:18-19)

Do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. (Isaiah 41:10)

O Most High, when I am afraid, I put my trust in you. (Psalm 56:3)

You will keep in perfect peace those whose minds are stayed on you, because they trust in you. Trust in the Lord forever, for Yahweh, the Lord, is the Rock eternal. (Isaiah 26:3-4)

Human fear lays a snare, but whoever trusts in the Lord is kept safe. (Proverbs 29:25)

The Lord is my light and my salvation—whom shall I fear? The Lord is the stronghold of my life—of whom shall I be afraid? (Psalm 27:1)

You who live in the shelter of the Most High, who abide in the shadow of the Almighty, will say to the Lord, “My refuge and my fortress; my God in whom I trust.” (Psalm 91:1-2)

Surely God is my salvation; I will trust and not be afraid. (Isaiah 12:2)

Say to those with fearful hearts, “Be strong; do not fear. Your God will come, he will come with vengeance. With divine retribution he will come to save you.” (Isaiah 35:4)

Oh Lord, come back to us! How long will you delay? Take pity on your servants! Satisfy us in the morning with your unfailing love, so we may sing for joy to the end of our lives. Give us gladness in proportion to our former misery. Replace the evil years with good. Let us see your miracles again; let our children see your glory at work. And may the Lord our God show us his approval and make our efforts successful. Yes, make our efforts successful! (Psalm 90:13-17) (NLT)

Though you have made me see troubles, many and bitter, you will restore my life again; from the depths of the earth you will again bring me up. (Psalm 71:3)

Do not rejoice over me, O my enemy; when I fall, I shall rise; when I sit in darkness, the Lord will be a light to me. (Micah 7:8)

The Lord will rescue me from every evil attack and will bring me safely to his heavenly kingdom. To him be glory forever and ever. (2 Timothy 4:18)

I will lead the blind by ways they have not known; along unfamiliar paths I will guide them. I will turn the darkness into light before them and make the rough places smooth. These are the things I will do; I will not forsake them. (Isaiah 42:16)

The night is nearly over; the day is almost here. So let us put aside the deeds of darkness and put on the armor of light. (Romans 13:12)

Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the desert and streams in the wasteland. (Isaiah 43:18-19)

Do not throw away your confidence; it will be richly rewarded. You need to persevere so that when you have done the will of God, you will receive what he has promised. (Hebrews 10:35-36)

The steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning, great is your faithfulness. “The Lord is my portion,” says my soul, “therefore I will hope in him.” The Lord is good to those who wait for him, to the soul that seeks him. It is good that one should wait quietly for the salvation of the Lord. . . . For the Lord will not reject forever. Although he causes grief, he will have compassion according to the abundance of his steadfast love. (Lamentations 3:22-26,31-32)

Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight. (Proverbs 3:5-6)

Cast all your anxiety on him, because he cares for you. (1 Peter 5:7)

Do not worry about anything, but in everything by prayer and supplication with

thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. (Philippians 4:6-8)

Set your minds on things that are above, not on things that are on earth, for you have died, and your life is hidden with Christ in God. When Christ who is your life is revealed, then you also will be revealed with him in glory. (Colossians 3:2-4)

For God, who said, "Let light shine out of darkness," made his light shine in our hearts to give us the light of the knowledge of God's glory displayed in the face of Christ. But we have this treasure in jars of clay to show that this all-surpassing power is from God and not from us. We are hard pressed on every side, but not crushed; perplexed, but not in despair; persecuted, but not abandoned; struck down, but not destroyed. We always carry around in our body the death of Jesus, so that the life of Jesus may also be revealed in our body. For we who are alive are always being given over to death for Jesus' sake, so that his life may also be revealed in our mortal body. (2 Corinthians 4:6-11)

I have been crucified with Christ and I no longer live, but Christ lives in me. The life I live in the body, I live by faith in the Son of God, who loved me and gave himself for me. (Galatians 2:20)

Surely he has borne our infirmities and carried our diseases;...he was wounded for our transgressions, crushed for our iniquities; upon him was the punishment that made us whole, and by his bruises we are healed. All we like sheep have gone astray; we have all turned to our own way, and the Lord has laid on him the iniquity of us all. See also Matthew 8:16-17 and I Peter 2:24. (Isaiah 53:4-6)

When you were dead in your sins and in the uncircumcision of your sinful nature, God made you alive with Christ. He forgave us all our sins, having canceled the charge of our legal indebtedness, which stood against us and condemned us; he has taken it away, nailing it to the cross. And having disarmed the powers and authorities, he made a public spectacle of them, triumphing over them by the cross. (Colossians 2:13-15)

For he has rescued us from the dominion of darkness and brought us into the kingdom of the Son he loves, in whom we have redemption, the forgiveness of sins. (Colossians 1:13-14)

There is therefore now no condemnation for those who are in Christ Jesus, because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death. (Romans 8:1-2)

I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his people, and his incomparably great power for us who believe. That power is the same as the mighty strength he exerted when he raised Christ from the dead and seated him at his right hand in the heavenly realms, far above all rule and authority, power and dominion, and every name that can be invoked, not only in the present age but also in the one to come. And

God placed all things under his feet and appointed him to be head over everything for the church, which is his body, the fullness of him who fills everything in every way. (Ephesians 1:17-23)

Because of his great love for us, God, who is rich in mercy, made us alive with Christ even when we were dead in transgressions—it is by grace you have been saved. And God raised us up with Christ and seated us with him in the heavenly realms in Christ Jesus, in order that in the coming ages he might show the incomparable riches of his grace, expressed in his kindness to us in Christ Jesus. For it is by grace you have been saved, through faith—and this is not from yourselves, it is the gift of God—not by works, so that no one can boast. For we are God’s handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. (Ephesians 2:4-10)

If Christ is in you, then even though your body is subject to death because of sin, the Spirit gives life because of righteousness. And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you. (Romans 8:10-11)

Offer your bodies as a living sacrifice, holy and pleasing to God—this is true worship. Do not be conformed to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is—his good, pleasing and perfect will. (Romans 12:1-2)

For though we live in the world, we do not wage war as the world does. The weapons of our warfare are not merely human, but are mighty in God for pulling down strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. (2 Corinthians 10:3-5)

Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil’s schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. (Ephesians 6:10-18a)

For those who are led by the Spirit of God are the children of God. The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, “Abba, Father.” The Spirit himself testifies with our spirit that we are God’s children. Now if we are children, then we are heirs—heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory. I consider that our present sufferings are not worth comparing with the glory that will be revealed in us. The

creation waits in eager expectation for the children of God to be revealed. For the creation was subjected to frustration, not by its own choice, but by the will of the one who subjected it, in hope that the creation itself will be liberated from its bondage to decay and brought into the freedom and glory of the children of God. We know that the whole creation has been groaning as in the pains of childbirth right up to the present time. Not only so, but we ourselves, who have the first fruits of the Spirit, groan inwardly as we wait eagerly for our adoption, the redemption of our bodies. For in this hope we were saved. But hope that is seen is no hope at all. Who hopes for what they already have? But if we hope for what we do not yet have, we wait for it patiently. In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans. And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God. And we know that in all things God works for the good of those who love him, who have been called according to his purpose. For those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters. And those he predestined, he also called; those he called, he also justified; those he justified, he also glorified. What, then, shall we say in response to these things? If God is for us, who can be against us? He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things? Who will bring any charge against those whom God has chosen? It is God who justifies. Who then can condemn? No one. Christ Jesus who died—more than that, who was raised to life—is at the right hand of God and is also interceding for us. Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword? As it is written: “For your sake we face death all day long; we are considered as sheep to be slaughtered.” No, in all these things we are more than conquerors through him who loved us. For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord. (Romans 8:14-39)

No one shall be able to stand against you all the days of your life. . . . I will not fail you or forsake you. Be strong and courageous . . . be strong and very courageous, being careful to act in accordance with all the law. . . . This book of the law shall not depart from your mouth; you shall meditate on it day and night, so that you may be careful to act in accordance with all that is written in it. For then you shall make your way prosperous, and then you shall be successful. I hereby command you: Be strong and courageous; do not be frightened or dismayed, for the Lord your God is with you wherever you go. (Joshua 1:5-9)

If you will listen carefully to the voice of the Lord your God, and do what is right in his sight, and give heed to his commandments and keep all his statutes, I will not bring upon you any of the diseases that I brought upon the Egyptians; for I am the Lord who heals you. . . . You shall worship the Lord your God, and I will bless your bread and your water; and I will take sickness away from among you. (Exodus 15:26; 23:25)

Surely God is my salvation; I will trust and not be afraid. The Lord, the Lord is my strength and my song; he has become my salvation. With joy you will draw water from the wells of salvation. . . . Give praise to the Lord, call on his name; make known among the nations what he has done, and proclaim that his name is exalted. Sing to the Lord, for he has done glorious things; let this be known to all the world. Shout aloud and sing for joy, people of Zion, for great is the Holy One of Israel among you. (Isaiah 12:2-6)

I will bless the Lord at all times; his praise shall continually be in my mouth. My soul makes its boast in the Lord. Let the humble hear and be glad. O magnify the Lord with me, and let us exalt his name together. I sought the Lord, and he answered me, and delivered me from all my fears. Look to him, and be radiant; so your faces shall never be ashamed. This poor soul cried, and was heard by the Lord, and was saved from every trouble. The angel of the Lord encamps around those who fear him, and delivers them. O taste and see that the Lord is good; happy are those who take refuge in him. . . . When the righteous cry for help, the Lord hears, and rescues them from all their troubles. The Lord is near to the brokenhearted, and saves the crushed in spirit. (Psalm 34:1-8,17-18)

As the deer pants for streams of water, so my soul pants for you, my God. My soul thirsts for God, for the living God. When can I go and meet with God? My tears have been my food day and night, while people say to me all day long, “Where is your God?” These things I remember as I pour out my soul: how I used to go to the house of God under the protection of the Mighty One, with shouts of joy and praise among the festive throng. Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God. My soul is downcast within me; therefore I will remember you from the land of the Jordan, the heights of Hermon—from Mount Mizar. Deep calls to deep in the roar of your waterfalls; all your waves and breakers have swept over me. By day the LORD directs his love, at night his song is with me—a prayer to the God of my life. I say to God my Rock, “Why have you forgotten me? Why must I go about mourning, oppressed by the enemy?” My bones suffer mortal agony as my foes taunt me, saying to me all day long, “Where is your God?” Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God. (Psalm 42)

My soul finds rest in God alone, my salvation comes from him. He alone is my rock and my salvation; he is my fortress, I will never be shaken. For God alone my soul waits in silence, for my hope is from him. He alone is my rock and my salvation, my fortress; I will never be shaken. On God rests my deliverance and my honor. My mighty rock, my refuge is in God. Trust in him at all times, O people. Pour out your heart before him; God is a refuge for us. (Psalm 62:1-2,5-8)

Scripture references are from the TNIV and NRSV.

Rebecca Merrill Groothuis, a freelance writer and speaker, is the author of *Good News for Women* and *Women Caught in the Conflict*, and an editor and contributor of *Discovering Biblical Equality*.

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