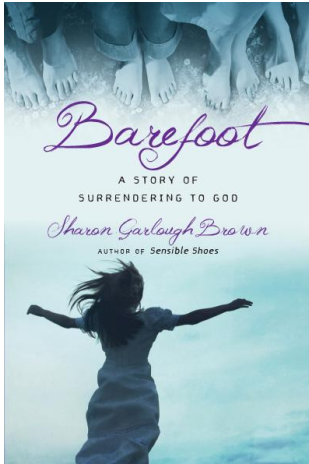




BOOK DETAILS



Barefoot: A Story of Surrendering to God

Available November 2016

\$18, 373 pages, paperback

978-0-8308-4321-3

"Whether or not you've been a devoted reader of Sharon Garlough Brown's Sensible Shoes Series, you will find yourself in the lives of the four women of Barefoot – in their gratitude and grief, their longings and resilient hopes. Most importantly, you'll meet Jesus, who startles us with this never-ending surprise: we are his beloved."

—Jen Pollock Michel, author
of *Teach Us to Want*

Introducing *Barefoot*, Book Three in the Sensible Shoes Series

In this series, which began with the bestselling *Sensible Shoes*, author Sharon Garlough Brown invites you to join in the journeys of Hannah, Meg, Mara, and Charissa as they – and you – gain a new understanding of friendship, spiritual truths, and a deeper life with God.

Barefoot: A Story of Surrendering to God

Having been challenged to persevere in hope, can the women of Sensible Shoes now embrace the joy of complete surrender?

Mara: With two boys at home and a divorce on the way, can she let go of her resentment and bitterness and find a rhythm of grace in her “new normal”?

Hannah: With Nathan by her side, can she let go of expectations – and even her reputation – as she charts a new course?

Charissa: As her approaching due date threatens to collide with new professional opportunities, can she let go of her need for control and embrace the unknown future with trust?

Meg: With disappointment over broken relationships and unfulfilled dreams, can she let go of her fear and worry in the face of even greater challenges that lie ahead?

"Barefoot is similar to Two Steps Forward in that the characters are still trying to integrate spiritual practices as life unravels," Brown said. *"In Barefoot, they're using prayer exercises from a 'notebook' and meeting regularly together as a small group for the first time. I'm hoping that readers will gather together to form their own spiritual formation groups and that the characters' ongoing journey will provide insights into their own lives with God. I've written each of the books with the hope that the story invites readers into a deeper life with God and with each other."*

Join the women of the Sensible Shoes Club in a poignant story that reveals the joy that comes from laying our lives at the feet of God and standing barefoot on holy ground.

Also available are books one and two, *Sensible Shoes* and *Two Steps Forward*.

Sensible Shoes: A Story About the Spiritual Journey

In *Sensible Shoes*, you will meet four women as they reluctantly arrive at a retreat center and

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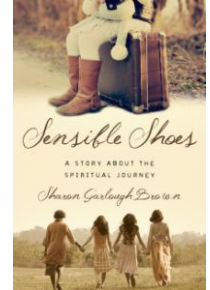


Sharon Garlough Brown is a spiritual director and co-founder of Abiding Way Ministries, providing spiritual formation retreats and resources. Her book *Sensible Shoes* was named one of television personality Kathie Lee Gifford's "favorite things" in March 2013. Sharon earned an MDiv from Princeton Theological Seminary. She and her husband, Jack, have served congregations in Scotland, Oklahoma, and England, as well as at Redeemer Covenant in Western Michigan.

sensibleshoesclub.com

embark together on a journey of spiritual formation. They find themselves drawn out of their separate stories of isolation and struggle and into a collective journey of spiritual practice, mutual support, and personal revelation.

- Hannah, a pastor who doesn't realize how exhausted she is
- Meg, a widow and recent empty-nester who is haunted by her past
- Mara, a woman who has experienced a lifetime of rejection and is now trying to navigate a difficult marriage
- Charissa, a hard-working graduate student who wants to get things right



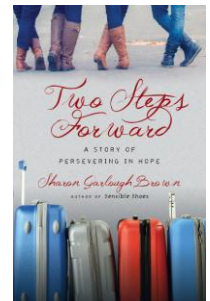
"If you're a spiritually inclined person, I think you'll really love it. It's about four women, every one of them coming from a different place spiritually. But all of them in need of a fresh cup of mercy. . . . So it's terrific. I highly recommend it."

— Kathie Lee Gifford, NBC's *Today*, March 11, 2013

Two Steps Forward: A Story of Persevering in Hope

We continue the journey in the second book, *Two Steps Forward*, in which the women face roadblocks to their spiritual growth. Sometimes life feels like two steps forward and one step back, but there is always hope.

"Once again, Sharon Brown has provided an inspirational story that allows readers to shadow four women as they continue their spiritual journey. Each facing specific challenges, the friends learn that God is with us, even now, even here, in the midst of our own mess. With a powerful companion guide for prayer and conversation, this book is ideal for anyone dealing with loss, abuse, fear, anxiety or insecurities. It reminds us all with a gentle touch that we are born in the image of God and we are worthy of being loved."



— Julie Cantrell, *New York Times* bestselling author of *Into the Free* and *The Feathered Bone*